

DI TECNOLOGIA SOFT ROBOTICS FOR HUMAN COOPERATION AND REHABILITATION



CENTRO "E. PIAGGIO" UNIVERSITA' DI PISA

Antonio Bicchi

Planning and Learning Interaction with Variable Impedance.

Compliance in Natural Systems



Compliance in Natural Systems

Key enabler for adaptivity

- Versatility for different applications
- Tolerance to errors and imprecisions
- Safety
- Robustness during interaction
- Energy efficiency
- Better performance



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Soft robots are robotic systems embedding in their mechanical structure purposefully designed compliant elements.

Articulated Soft Robots

Today

Continuum Soft Robots



Earth Birth



C. Della Santina, M. G. Catalano, A. Bicchi, "Soft Robotics, definition of" Springer Encyclopedia of Robotics (2021)

Soft robots are robotic systems embedding in their mechanical structure purposefully designed compliant elements.



Soft robots are robotic systems embedding in their mechanical structure purposefully designed compliant elements.



Stiffness of muscles

Characterized by

- Force / deformation
- Force / velocity
- Force / moto-neuron firing rate

Descriptive models e.g.

• Gribble Muscle Model:

Flexor force : $f_1 = \rho(e^{\delta A_1} - 1)$ **Extensor force** : $f_2 = -\rho(e^{\delta A_2} - 1)$

• An open topic in literature



Stiffness of limbs

Human Antagonistic Muscles Characteristics



Gribble Muscle Model: *Flexor force* : $f_1 = \rho(e^{\delta A_1} - 1)$ *Extensor force* : $f_2 = -\rho(e^{\delta A_2} - 1)$

The stiffness of all the muscles that act on a given joint contribute to defining also the stiffness of the joint



Stiffness changes in Humans

Stiffness changes involuntarily and voluntarily





The stiffness of a human arm increases when lifting heavy weighs

Humans change stiffness

Stiffness changes involuntarily and voluntarily





Humans can change the stiffness of their limbs to adapt to different tasks

How do humans control stiffness?

Experiments show that humans can learn after many repeated trials to change their stiffness profile along a given learned path to counteract disturbances





N Hogan, "Adaptive control of mechanical impedance by coactivation of antagonist muscles" IEEE Transactions on automatic control 29 (8), 681-690, 1984

Gomi, H, Yasuharu K., Kawato, M.. "Human hand stiffness during discrete point-to-point multi-joint movement." *IEEE Engineering in Medicine and Biology Society*. Vol. 4., 1992.

Burdet, E., et al. "A method for measuring endpoint stiffness during multi-joint arm movements." Journal of biomechanics 33.12, 2000.

How do humans change stiffness?

However, there is strong correlation between the activation patterns of muscles that move a limb. This affects how the stiffness of a limb is modulated.

To a first approximation, humans control their stiffness ellipsoid simply:

- Posture dominates the shape
- Coactivation controls the volume
- Configuration Dependent Stiffness (CDS)
 - changes with posture
 - gives the shape of the stiffness ellipsoid
 - exploits redundancy





E. Perreault, R. Kirsch, and P. Crago, "Voluntary control of static endpoint stiffness during force regulation tasks," Journal of Neurophysiology, vol. 87, pp. 2808–2816, 2002.



A. Ajoudani, Gabiccini, M., Tsagarakis, N. G., Albu-Schaeffer, A., and Bicchi, A., "Tele-Impedance: Exploring the Role of Common-Mode and Configuration-Dependant Stiffness", Humanoids 2012.



Common Mode Stiffness CMS

- changes with co-contraction -gives the size of the ellipsoid

Common Mode Stiffness

 EMG Electrodes

 FUT Sensor

 Wrist band

Experimental Validation Setup (robot used as a shaker)

A. Ajoudani, Fang, C., Tsagarakis, N. G., and Bicchi, A., "Reduced-Complexity Representation of the Human Arm Active Endpoint Stiffness for Supervisory Control of Remote Manipulation", International Journal of Robotics Research, vol. 37, no. 1, 2017.



Ellipsoid volume vs co-

contraction





Variable Impedance in Robots

Software:

Variable Impedance Control



Hardware:

Variable Impedance Actuators



HW: Varable Stiffness Actuators

Inspired by nature

Human Antagonistic Muscles Characteristics



Gribble Muscle Model: *Flexor force* : $f_1 = \rho(e^{\delta A_1} - 1)$ *Extensor force* : $f_2 = -\rho(e^{\delta A_2} - 1)$



HW: Varable Stiffness Actuators



Inspired by nature

VSA-CubeBot: A modular variable stiffness platform for multiple degrees of freedom robots

MG Catalano, **G Grioli**, M Garabini, F Bonomo, M Mancini, N Tsagarakis, ... 2011 IEEE international conference on robotics and automation, 5090-5095

Human Antagonistic Muscles Characteristics



Gribble Muscle Model:	ANALOGY	Muscle	VSA	Agonistic-Antagonistic VSA Dynamics:
Flexor force : $f_1 =$	Equilibrium Position	$\frac{\lambda_1 + \lambda_2}{2R}$	$\frac{\Theta_1 + \Theta_2}{2}$	Motor 1,2 output torque: $\tau_{1,2} = \pm \gamma e^{\pm \beta (q - \Theta_1)} \pm \mu$
Extensor force : $f_2 = -\rho(e^{\delta A_2} - 1)$	Stiffness	2ρδ $R^2 e^{\delta \frac{\lambda_2 - \lambda_1}{2}}$	$2\gamma\beta e^{\beta\frac{\Theta_2-\Theta_1}{2}}$	

Antagonistic-Antagonistic VSA Characteristics



VSA for Rehabilitation: Exoskeletons

Beyl, P., Naudet, J., Van Ham, R, Lefeber, D.. Mechanical Design of an Active Knee Orthosis for Gait Rehabilitation IEEE ICoRR - Rehabilitation Robotics (2007)



N. Karavas, A. Ajoudani, Tsagarakis, N. G., Saglia, J., Bicchi, A., and Caldwell, D., "Tele- Impedance based Assistive Control for a Compliant Knee Exoskeleton: Stiffness Augmentation and Motion Assistance", Robotics and Autonomous Systems, vol. 73 part A, pp. 78-90, 2015.



S. Mghames, al. "Design, control and validation of the variable stiffness exoskeleton FLExo", ICORR 2017

VSA for Rehabilitation: Prostheses

VS Elbow

Design of an elbow joint with variable stiffness actuation, i.e. inherent compliance.

Two approaches

Distributed approach	Antagonistic approach		
Independent setup (explicit stiffness variation)	Antagonistic setup		

Low stiffness configuration

High stiffness configuration





A Variable Stiffness Elbow Joint for Upper Limb Prosthesis **S Lemerle**, G Grioli, A Bicchi, MG Catalano 2019 IEEE/RSJ International Conference on Intelligent Robots and Systems

SW: Variable Impedance Control

 $M_{\rm d}(\dot{q})\ddot{q} + \ddot{x}h(q+\dot{q}) = F_{\rm ext}$



Pros

Configurable

• Precise and compliant

Cons

Not resilient

Not energy efficient

Impedance Control in Reality



Fig. 2: Two-link manipulator in configuration A (left) and B (middle). Even if both configurations realize a similar desired Cartesian stiffness profile (most right plot), interaction Boundaries of the Cartesian force/stiffness control in the presence of external disturbance are different.



Fig. 3: Endpoint forces vs. displacements along -y direction in manipulators A and B (upper plot), and the corresponding joint torques (lower plot). Initial force offsets refer to the effect of gravity at y direction of the endpoint.

In theory, a robot can attain arbitrary stiffness ellipsoids in any posture

Notin



A. Ajoudani, Tsagarakis, N. G., and Bicchi, A., "Choosing Poses for Force and Stiffness Control", IEEE Transactions on Robotics, 2017.



Fig. 4: The locus of ||f|| for the growing displacement norm for the two-link manipulator in configuration A (left plot), and B (right plot) hit the limits caused by two configuration dependent force boundaries. The spatial translation of the centre of the ellipsoids w.r.t. the origin can be observed in the plots.



Fig. 5: Blue (solid) plots illustrate the stiffness feasibility regions (SFRs) for configuration A (left) and B (right), while corresponding polytopes are plotted in red (dashed). Stiffness feasibility ellipsoids (SFEs) are plotted in black (dotted), for both configurations. The units are in [m].

Choosing poses to change impedance



A. Ajoudani, M. Gabiccini, N. Tsagarakis, A. Albu-Schaffer, A. Bicchi "Exploring the Roles of Common Mode and **Configuration Dependent Stiffness** Control" Humanoids 2012.

A. Ajoudani, Tsagarakis, N. G., and Bicchi, A., "Choosing Poses for Force and Stiffness Control", IEEE Transactions on Robotics, 2017.





5

Time [s]

7

detachment

11

9

23



How to use Variable Impedance?

Soft Robots

- Safer
- Faster
- More adaptable
- More robust

However

- Nonlinear
- Uneractuated
- Lower control authority
- Lower relative degree
- \rightarrow More difficult to control







Thuruthel et al. "Stable Open Loop Control of Soft Robotic Manipulators." RAL (2018)



Bieze et al. "FEM-based kinematics and closed-loop control of soft, continuum manipulators." (2018).



Hauser et al. "The role of feedback in morphological computation with compliant bodies." Biological cybernetics (2012)



Sadati et al. "Control Space Reduction and Real-Time Accurate Modeling of Continuum Manipulators Using Ritz control of steerable needles." IEEE Tand Ritz–Galerkin Methods." IEEE RAL (2018)

 e_I f_S e_C f_C

Carloni et al. "Variable stiffness actuators: A port-based power-flow analysis." IEEE T-RO (2012)



Nakajima et al. "Exploiting short-term memory in soft body dynamics as a computational resource." Journal of The Royal Society Interface (2014)



Rucker, D. Caleb, et al. "Sliding mode RO (2013)



Albu-Schäffer et al. "A unified passivity-based control framework for position, torque and impedance control of flexible joint robots." IJRR (2007)



Garofalo and Ott. "Energy based limit cycle control of elastically actuated robots." TAC (2017)

 $\ddot{oldsymbol{q}} = oldsymbol{M}^{-1}(oldsymbol{q}) \left[oldsymbol{ au}_e - oldsymbol{n}(oldsymbol{q},\dot{oldsymbol{q}})
ight]$ $\ddot{m{q}} = m{M}^{-1}(m{q}) \left[\dot{m{ au}}_e - \left(\dot{m{M}}(m{q}) \ddot{m{q}} + \dot{m{n}}(m{q}, \dot{m{q}})
ight)
ight]$



Haddadin et al. "Kick it with elasticity: Safety and performance in human-robot soccer." Robotics and Autonomous Systems (2009)

Buondonno and De Luca. "Efficient computation of inverse dynamics and feedback linearization for VSA-based robots." RAL (2016)



Best et al. "A new soft robot control method: using model predictive control for a pneumatically actuated humanoid." RAM (2016)

Control Properties

$$\begin{cases} M\ddot{q} + C\dot{q} + G + \frac{\partial V(q,\theta)^{T}}{\partial q} = \tau_{ext} \\ J\ddot{\theta} + D\dot{\theta} + \frac{\partial V(q,\theta)^{T}}{\partial \theta} = \tau_{m} \end{cases}$$

with $q \in \mathbb{R}^n$ and $\theta \in \mathbb{R}^m$

- All systems above are controllable in their linearization
- All are input/output feedback linearizable, with stable zero dynamics (except underactuated with dynamically coupled free joints)
- Collocated control easy, but low performance
- Non-collocated control not impossible in theory
- However...

Feedback control of Soft Robots An Elementary Example

Consider the simplest soft robot, a cart connected through a spring to a moving element...





Limits of feedback control in soft robots: An Elementary PD Example



P controller $\theta = -K_P q$

 $m\ddot{q} + \beta\dot{q} + k(1 + K_P)q = \tau_{dist}$

The closed loop stiffness increases by a factor $(1 + K_P)$



Limits of feedback control in soft robots



Define the stiffness variation as (q^* fixed point of ψ)



Limits of feedback control in soft robots



 $B(q)\ddot{q} + C(q,\dot{q})\dot{q} + T(q - \psi(q,\dot{q},\sigma,t,r),\sigma) = \tau_{dist}$



closed loop

Proportional component of the feedback controller

Limits of feedback control in soft robots: Feedback Linearization



Learning to Control Soft Robots

In feedback control, performance is directly related to gain – i.e. stiffness

Now that we have soft robots, we don't want to fight softness by control

Need "minimally invasive" control
Ideas from humans



CNS loops ~100ms PNS loops ~10ms



PREDICTIVE FEED-FORWARD SENSORY CONTROL DURING GRASPING AND MANIPULATION IN MAN

ROLAND S. JOHANSSON and BENONI B. EDIN Department of Physiology, University of Umeå, S-091 87 Umeå, Sweden

Exp. Brain Res., 1984

ABSTRACT

During dexterous manipulation the basal relationships expressed in the employed fundamental muscle synergies are tuned precisely not only to the manipulative intent, but also to the physical properties of the object. Recent findings indicate that the sensorimotor mechanisms involved depend largely on predictive rather than servocontrol mechanisms. The CNS monitors specific, more-or-less expected, peripheral sensory events and use these to directly apply control signals that are appropriate for the current task and its phase. On a fast time scale, discrete mechanical events encoded in populations of somatosensory afferents trigger compensatory actions to task perturbations, and allow task progress to be monitored for timing the release of motor commands related to the serial manipulative phases. This type of predictive feedforward sensory control is termed 'sensory discrete-event driven control'. On an extended time scale, previous experience with the object at hand or similar objects is used to adjust the motor commands parametrically in advance of the movement, e.g. for the object's weight and surface friction. Through vision, for instance, common objects can be identified in terms of the grip and lifting forces necessary for a successful lift. This ability to directly parameterize the default motor commands is termed 'anticipatory parameter control'.

Anticipatory control



Anticipatory behavior: the ability of CNS to anticipate the necessary control action relying on sensory-motor memory

Anticipatory behavior permits to obtain high performance in presence of perception delays.

Fast, powerful, accurate movements







Model-based (optimal) Anticipatory Control

Data based (learning) Anticipatory Control

Planning Impedance

Optimal Control to Minimize Impact





On making robots understand safety: Embedding injury knowledge into control S Haddadin, S Haddadin, **A Khoury**, T Rokahr, S Parusel, R Burgkart, A. Bicchi The International Journal of Robotics Research 31 (13), 1578-1602

The Safe Brachistochrone

How to control velocity and compliance to optimize performance within guaranteed safety limits?



The Safe Brachistocrone problem

$$\min_{T} \int_{0}^{T} 1 dt M_{rot} \ddot{x}_{rot} + u_{K}(x_{rot} - x_{link}) = u_{act} M_{link} \ddot{x}_{link} + u_{K}(x_{link} - x_{rot}) = 0 |\dot{x}_{link}| \leq \beta(u_{K}) HIC_{max}^{2} |u_{act}| \leq U_{max} u_{K,min} \leq u_{K} \leq u_{K,max} \\ (x_{link}, \dot{x}_{link})(0) = (X_{ini}, 0) \\ (x_{link}, \dot{x}_{link})(T) = (0, 0)$$

 HIC: Safety & Control bounds
 VSA Bounds
 VSA Bounds

The Safe Brachistochrone



The intuitive policy of synchronizing joint stiffness and joint velocity is indeed consistent with the optimal solution for the safe brachistochrone



A. Bicchi and **G. Tonietti**, Fast and Soft Arm Tactics

IEEE RAM 2004



V_{rot} V_{link} ▶ Utransm r Kcov Uact Link Rotor Inert Inertia X_{lin} VSA beats both Rigid, DM² and SEA 4.5 $= DM^2$ VST Shortest Time $\alpha = 0$ $\alpha = 0.2$ $\alpha = 0.6$ $\alpha = 0.8$ 2.5 $K_{transm}^{\mathsf{VSt}} \in [0.2\mathtt{K}, 1.8\mathtt{K}]$ $K_{transm}^{\mathsf{VSt}} \in [0, +\infty]$ 10 10° 10¹ **Transmission Stiffness**

Optimal Control to Maximize Impact



Optimality principles in variable stiffness control: The VSA hammer

M Garabini, A Passaglia, F Belo, **P Salaris**, A Bicchi 2011 Ieee/Rsj International Conference on Intelligent Robots and Systems

Stiff speed-up, soft slow-down

Maximize impact: 2DoF hitting



The other way around: Maximize Damping

-K min

-K max -K sw

-K min -K max Ksw

3.5

3.5

0.5

3

3



1.5 2 Time [s]

1.5 Time [s]

2

2.5

2.5

80 49

1 0.6

U.4

0.2

0.4

Error Position [rad]

0.5

0.5

1

1



Fig. 1: Left: schematic of a 1 DoF soft actuator used for the optimal control problem. Right: Optimal stiffness switching control provided in this work.

-No Control

- PID

2.5 Time [s]





Variable stiffness control for oscillation damping GM Gasparri, M Garabini, L Pallottino, L Malagia, M Catalano, G Grioli, A. Bicchi 2015 IEEE/RSJ International Conference on Intelligent **Robots and Systems**

Soft speed-up, stiff slow-down

Resilient and Stable Physical Interaction

Goal: perform an interaction task where the contact must be kept



Issues:

- Instability
- Resilience
- Minimum force to achieve the task
- Positioning errors



Stiffness bounds related to:

- uncertainties
- contact surface curvature
- interaction forces



Mengacci, R., **Angelini, F**., Catalano, M. G., Grioli, G., Bicchi, A., & Garabini, M. (2019). "Stiffness Bounds for Resilient and Stable Physical Interaction of Articulated Soft Robots". IEEE Robotics and Automation Letters, 4(4), 4131-4138.

Resilient and Stable Physical Interaction





Mengacci, R., Angelini, F., Catalano, M. G., Grioli, G., Bicchi, A., & Garabini, M. (2019). "Stiffness Bounds for Resilient and Stable Physical Interaction of Articulated Soft Robots". IEEE Robotics and Automation Letters, 4(4), 4131-4138.

Model-based (optimal) Anticipatory Control

Data based (learning) Anticipatory Control

Learning by Repetition

$u_i:[0,t) \rightarrow Rm$



Learning by Repetition

$u_i:[0,t) \rightarrow Rm$





Iterative Learning Control

$$u_{i+1} = Q(u_i) + r(e_i)$$

 $Q \rightarrow$ forgetting factor $r \rightarrow$ updating law

Learning by Repetition

$u_i:[0,t) \rightarrow Rm$



Softness Preservation - decentralized approach

Requirement



Softness Preservation - decentralized approach

$$P \triangleq \frac{\partial T(q-r,d)}{\partial q}\Big|_{q \equiv r} - \frac{\partial T(q-\psi(q,\dot{q},t,d),d)}{\partial q}\Big|_{q \equiv q_*}$$
$$|p_{i,i}| < \frac{\delta}{2} \ \forall i \in \{1 \dots N\} \Rightarrow ||P||_2 \le \delta$$

First Gershgorin Theorem and reverse triangular inequality

$$|||x|| - ||y||| \le ||x - y||$$
$$\lambda_i = \operatorname{eig}(P)$$

 $\max_{i}\{|\lambda_{i}|\} \le \max_{i}\{|p_{i,i}| + \sum_{i \ne j} |p_{i,j}|\}$

 $\sum_{i \neq j} |p_{i,j}| \leq |p_{i,i}|$ Diagonal dominance

$$\begin{split} \max_{i} \{ |\lambda_{i}| \} &\leq \max_{i} \{ |p_{i,i}| + \sum_{i \neq j} |p_{i,j}| \} \leq \max_{i} \{ 2|p_{i,i}| \} \\ P \text{ symmetric } \|P\|_{2} &= \max_{i} |\lambda_{i}| \quad \max_{i} \{ 2|p_{i,i}| \} < \delta \end{split}$$

Control Architecture





C Della Santina, M Bianchi, G Grioli, F Angelini, M Catalano, M Garabini, A. Bicchi: "Controlling soft robots: balancing feedback and feedforward elements" IEEE Robotics & Automation Magazine 24 (3), 75-83

Control Architecture



Learning to control soft robots



F Angelini, C Della Santina, M Garabini, M Bianchi, GM Gasparri, G Grioli, A.Bicchi, 2 Decentralized trajectory tracking control for soft robots interacting with the environment, Transactions on Robotics, 2018



G. Averta, V. Arapi, A. Bicchi, C. Della Santina, M. Bianchi, **Modeling Human Motor Skills to Enhance Robots' Physical Interaction,** Human-Friendly Robotics 2020

Preserving Softness

PID control makes a physically soft robot stiff

ILC algorithm preserves physical softness



Decreasing Brockett's "Attention Functional"

Proceedings of the 36th Conference on Decision & Control San Diego, California USA • December 1997

Minimum Attention Control

R. W. Brockett¹

$$\eta_a = \int_\Omega \phi\left(x,t,rac{\partial u}{\partial x},rac{\partial u}{\partial t}
ight) dx dt$$

Textbooks on optimal control discuss the difference between open-loop and closed-loop control however the classification is rather informal and in many cases (e.g., fixed end-point linear-quadratic optimal control on finite time intervals) it is unclear what might be meant by a closed-loop solution. This makes it difficult for researchers in other fields to discuss the distinction in a precise way. At an intuitive level, it seems that biological motor control involves not only "pure" openloop control but also a gradation of modalities spanning a range between open-loop and closed-loop operation. Intuitively, one thinks that large values of $||\partial u/\partial x||$ indicate closed-loop control and that large values of $||\partial u/\partial t||$ indicate open-loop control. By modifying the attention functional we can change the ratio of the penality put on the closed-loop $||\partial u/\partial x||$ terms relative to the penality put on the open-loop $||\partial u/\partial t||$ terms. In this way we create a continuum and arrive at a characterization which makes possible a quantitative study of the trade-offs between open-loop and closed-loop control.



Evolution of the integral of the error normalized by the the terminal time and the number of joints.

Ratio between the integrals of the feedforward and feedback actions during the task for the three setups.

Experiments



6-DOFs system with elastic VSAs.

Learn the torque control input τ_{eq} in soft (or stiff) behavior that allows to track the position reference then, change θ_{sr} to stiff (or soft) to prove the decoupling.

ILC with Unknown Stiffness Changes





Position ILC









Results (Soft to Stiff transition)



Torque ILC

Results (comparison)



Torque ILC



R Mengacci, F Angelini, MG Catalano, G Grioli, A Bicchi, M Garabini, "On the motion/stiffness decoupling property of articulated soft robots with application to model-free torque iterative learning control", The International Journal of Robotics Research 40 (1), 348-374 2021

Data-Based Anticipatory Control: Take-Home Messages

How can variable physical impedance of soft robots be usefully exploited?

- Data-based control tools use experimental data to build an "empirical" model of the system
- High-robustness (until the system is changed)
- Little insight

Open Problems:

- Many data needed, Long learning time, robot wear etc.
- How do we generalize what was learned to new cases?
- Assess/Increase robustness of data-based approaches to robot/environment changes
- Merge Model-Based and Data-Based approaches?

Sim2Real

Can we learn iterative control from simulation and translate it to reality?



Articulated Soft Robots are usually made of compliant actuators at the joints.



Articulated Soft Robots are usually made of compliant actuators at the joints.

To simulated them in Gazebo, we can exploit Robot Operating System (ROS) C++ libraries of kinematics and dynamics.



Articulated Soft Robots are usually made of compliant actuators at the joints.

To simulated them in Gazebo, we can exploit Robot Operating System (ROS) C++ libraries of kinematics and dynamics.

However, only the SEA dynamics can be handled by Gazebo right now.



URDF + ROS-Gazebo-compliant-actuators-plugin

Trajectory Tracking Test



R. Mengacci, G. Zambella, G. Grioli, D. Caporale, M. G. Catalano and A. Bicchi
Iterative Learning Control Application - Results



n = 0

n = 3

n = 6

n = 11

n = 9

Learning more complex tasks

Toward Robot Programming Without Coding





Motivation

What skills do people need in order to use a robot?



Learning to Grasp



Learning from Demonstration



Should it really take so long?

When teaching a child, you do not need to give thousand examples

Mirroring mechanisms in our neural control system enormously facilitate learning

Leveraging on human robot integration and anthropomorphism may be a way to make teaching by demonstration easier



Experimental Setup



Robot Programming without Coding, **G Lentini**, G Grioli, MG Catalano, A Bicchi 2020 IEEE International Conference on Robotics and Automation (ICRA), 7576-7582

Object Sorting











Teaching Interaction can be too hard

Stiff Robot



Teaching a Rigid Robot:

- Successful demonstration
- Autonomous execution fails (too large interaction forces)





...or too soft

Soft Robot



Teaching a Soft Robot:

- Successful demonstration
- Autonomous execution fails (too large tracking errors)





Teaching Impedance





Putting Natural and Artificial Intelligence at work together



Teaching Impedance

Variable Impedance





F R R

Teaching

Take-Home messages

Human impedance is variable inter- and intra-tasksPart of the variability is intentionalImpedance variations are controlled by both muscle co-activation and arm posture

Robot Impedance can be varied by both SW and HW means Impedance can be controlled by both varying gains/hw stiffness and arm posture

Planning of variable impedance can use insight from optimization Humans can **control** variable impedance of robots through tele-impedance Recent work shows that robots can **learn impedance behavior** from few human examples



Open questions

Variable impedance control comes at a cost

- in hardware (double actuators)
- In software (force sensors, open architectures)

When is it really worthwhle?

How do humans use their variable impedance? Is it there "on purpose" or "by accident"?

How do we measure impedance in humans without perturbing it?

Thanks!

